

Dear Mrs. Ellis.

On November 8th 2021, I visited the foundation and had a tour of the facility, my initial goal was to obtain an understanding of its structure and knowledge of the facts of operation and professionals, which I am happy to say I've gained. One of the many amenities that piqued my interest was the outdoor shower. I was informed that the reasoning behind its location was to provide sanitary services to clients with no other means of obtaining such as well the homeless community on St. Maarten.

I was inspired by this kind gesture that the foundation had implemented while still facing challenges within and instantly began brainstorming ways I could assist the foundation in providing for the less fortunate in our community. My contribution? Monthly care packages as I am a strong believer in Self Care being the Best Care. I am confident that these care packages will not only be appreciated but will also result in a boost of self-confidence for the recipients. In the words of Lalah Delia, "Self-care is how you take your power back."

In my mission to execute this vision, I've started by connecting with The Carnival Pageant committee to have the contestants vie for the title of Miss Community Involvement which will be a new segment initiated by my person. In this segment the contestants will not only be engaging with the public to promote Mental Health Awareness but also use their influence to obtain donations towards these Self Care packages. With my love for Pageantry and my passion for Mental Health I've decided to combine the two and while also promoting community-involvement from our Pageant Queens.

Miss Community Involvement will be judged on Activeness, Sociability, and Sales Pitch. This is an opportunity for the young ladies to also network themselves and the pageants while being community-based active.

On Saturday February 26th, 2022, The contestants will be stationed at different supermarkets. At these supermarkets they will be approaching shoppers and asking them to purchase Care Essentials and deposit them into donation box outside the supermarkets. At the end of the day, the Care Essentials will be dropped off at The Mental Health Foundation so that the foundation can have for stock not only for persons using the outdoor shower but also their in-house clients.

I do hope my great gesture is approved by your party, as this is really dear to my heart.

Thank you,
Ahmad "Ahmiie" Gumbs.