

## VACANCY

We have a vacancy for the fulltime position of:  
**Assistant Cook**

### Qualifications

- A completed SBO Level 2 Assistant Cook education is required.
- Holds a valid Food Handler's Certificate (e.g., Steflogix).
- Practical knowledge of food preparation, hygiene regulations, and safe use of kitchen tools and equipment.
- Understands cleaning protocols and basic kitchen operations.

### Job Tasks:

- The Assistant Cook supports the daily preparation, serving, and cleaning activities, within the Mental Health Foundation kitchen. The role ensures that ingredients are prepared on time, meals are served correctly, and hygiene and safety standards are consistently applied.
- The Assistant Cook also assists with kitchen inventory, supports the cooks and contributes to a clean, safe, and welcoming food service environment for clients and staff.

### Social Skills

A service-oriented, positive and appropriate attitude is required. **Must be able to** lift heavy objects, bend in low areas or drag heavy boxes. Male applicants preferred and in possession of Driver's license D would be an asset.

### How do you apply?

Please submit an application letter and resume, copies of diplomas/certificates and a copy of your ID/passport to [kmaria@mhf-sxm.com](mailto:kmaria@mhf-sxm.com) and [cellis@mhf-sxm.com](mailto:cellis@mhf-sxm.com)